We are all artists:
Using the arts to enhance residents’ quality of life

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Dementia thwarts the attempts to describe its internal experience because it is beyond language. Art, however, can try to enter the silent darkness.

-Nicci Gerrard, British novelist

https://www.theguardian.com/culture/2015/jul/19/dementia-and-the-arts-fiction-films-drama-poetry-painting
One of my jobs is, I am a ditch digger. I will help you dig down to your latent creativity. Help you release it. What you do with it, is up to you.

-Jeff Nachtigall, artist

from TEDx Saskatoon Jeff Nachtigall: Raw Vision -- The Power of Art in Health Care
https://www.youtube.com/watch?v=s35UlalUNZ0

Patient with dementia and Parkinson’s at Saint-Vincent Hospital
My Goal

Enrich the quality of life of people living with dementia

- Make the arts accessible
- Make art meaningful
- Make art fun
The How

Make the arts accessible

Welcome to Our Home Exhibit, Carleton Lodge, Ottawa
The How

Make the arts accessible

Modify art materials, not the person

Colour + Contrast  Texture  Size
Make the arts accessible

Quick reveal, easy, success
The How

Make the arts accessible

Co-create
The How

Make the arts accessible

Listening, singing, making
The How

Make the arts accessible

These made this
The How

Make the arts meaningful

Reflect vocation, hobbies, culture
The How

Make art fun!

By week three!
Where to go for inspiration?

Everyday items

Everyday places

Nature
Where to go for inspiration?

Everyday places

Résidence Saint-Louis
Inspiration—Residents’ Creativity
Music Matters
Élisabeth Bruyère Hospital
March – April 2016

https://www.youtube.com/watch?v=iMg1c8bshJY

Time 3:08 – 6:04
Merci !
Thank You!

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