

Upcoming Webinars on ALZeducate | **August 2026**

ALZeducate offers free, online dementia education!

Here is a list of upcoming webinars. *(When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one at alzeducate.ca.)*

Webinar Series Session 1: Take Action for Brain Health: Take Care of Your Body

This interactive workshop is designed to help you create a personalized Plan for Brain Health, with a focus on strategies to care for your body. Whether you're living with dementia, concerned about it, or simply eager to learn more, this session offers practical tools and guidance. It's one of three workshops in our Brain Health series—a unique opportunity to gain knowledge and set meaningful goals for your brain health.

Date: Wednesday, August 5, 2026, at 9:30am-10:30am (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

To Register: [Click here](#)

Support for Care Partners

Support for Care Partners: An introduction to being a care partner to someone living with dementia. This presentation will provide you with ten tips that will help guide you through the first steps of being a care partner.

Date: Thursday, August 6, 2026, at 3:00pm-4:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

To Register: [Click here](#)

Understanding the Progression and Stages of Dementia

For most people living with dementia, the experience will include a changing range of symptoms. This webinar will provide an overview to understand what progression means in the context of dementia and how those changes affect all involved.

Date: Monday, August 10, 2026, at 12:00pm-1:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

To Register: [Click here](#)

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Lewy Body dementia and Parkinson's disease- Supporting this Journey as a Health Care Provider

Building on the learning points from the Overview webinar for the General Public, this session will provide health care workers with a very brief review of Lewy Body dementia and Parkinson's disease, then offer opportunities for case scenario work.

Date: Tuesday, August 11, 2026, at 3:00pm-4:00pm (Eastern Time)

Intended audience: Health Care Providers, Care Partners

To Register: [Click here](#)

Webinar Series Session 2: Take Action for Brain Health: Your Mind and Spirit

This interactive workshop is designed to help you create a personalized Plan for Brain Health, with a focus on strategies to care for your mind and spirit. Whether you're living with dementia, concerned about it, or simply eager to learn more, this session offers practical tools and guidance. It's one of three workshops in our Brain Health series—a unique opportunity to gain knowledge and set meaningful goals for your brain health.

Date: Wednesday, August 12, 2026, at 9:30am-10:30am (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

To Register: [Click here](#)

Young Onset Dementia

This presentation will focus on distinguishing Young onset dementia from Late onset dementia, developing a basic understanding of the genetic component of Young onset dementia, recognizing the impact of Young onset dementia on the individual and the family, and developing an understanding of supportive strategies and services in the community.

Date: Wednesday, August 12, 2026, at 1:00pm-2:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

To Register: [Click here](#)

"Why do I feel this way?" Understanding Loss and Grief in Dementia Caregiving

Explore the concept of ambiguous loss, develop coping strategies and gain understanding of feelings of grief when caring for a person living with dementia.

Date: Tuesday, August 18, 2026, at 10:00am-11:00am (Eastern Time)

Intended audience: Care Partners, Health Care Providers

To Register: [Click here](#)

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Webinar Series Session 3: Take Action for Brain Health: Stay Safe and Healthy

This interactive workshop is designed to help you create a personalized Plan for Brain Health, with a focus on strategies to keep your brain Safe and Healthy. Whether you're living with dementia, concerned about it, or simply eager to learn more, this session offers practical tools and guidance. It's one of three workshops in our Brain Health series—a unique opportunity to gain knowledge and set meaningful goals for your brain health.

Date: Wednesday, August 19, 2026, at 9:30am-10:30am (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

To Register: [Click here](#)

Exploring the Warning Signs

This webinar will touch on the differences between normal and not normal aging leading to an exploration of the 10 warning signs of dementia.

Date: Thursday, August 20, 2026, at 3:00pm-4:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

To Register: [Click here](#)

Vascular Dementia – An Overview

Vascular dementia is the most common type of dementia after Alzheimer's disease. This webinar will provide an overview of the different causes of this type of dementia, support strategies and resources.

Date: Monday, August 24, 2026, at 2:00pm-3:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

To Register: [Click here](#)

Driving and Dementia

This webinar will present information to support an understanding, awareness and resource knowledge on the difficult intersection of driving and dementia. Attendees can be care partners or people living with dementia.

Date: Tuesday, August 25, 2026, at 12:00pm-1:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

To Register: [Click here](#)

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Frontotemporal Dementia- Supporting this Journey as a Health Care Provider

Building on the learning points from the Frontotemporal Dementia webinar for the General Public, this session will provide health care workers with a very brief review of FTD then offer opportunities for case scenario work.

Date: Wednesday, August 26, 2026, at 10:00am-11:00am (Eastern Time)

Intended audience: Health Care Providers, Care Partners

To Register: [Click here](#)

Dementia-Friendly Communities

A Dementia-Friendly Community is a place where people living with dementia and their care partners are welcomed, included, and supported. It is a community that pays attention to the social and physical needs of the person living with dementia.

This presentation will cover:

- Understanding dementia and the lived experience
- The common signs of dementia
- Strategies for interaction

Date: Thursday, August 27, 2026, at 10:00am-11:00am (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

To Register: [Click here](#)